

KS4 Weekly Lesson Plan		
	Year 10	Year 11
1	Reflecting on my career journey: past, present and future	What are my employability skills?
2	Exploring employer profiles	Post 16 – Choices, Choices
3	What type of career is best for me?	Decision making: choosing your post-16 pathway
4	Preparing to go on work experience	Researching volunteering and paid work
5	Wellbeing in the workplace	Money talks: apprenticeships vs. higher education
6	In person, hybrid, and remote: what works best?	Is AI a threat to our jobs?
7	Using the Interests profile	Navigating conflict in relationships
8	Using the Personality profile	Rights and responsibilities: marriage and civil partnerships
9	Using the Work environments profile	Taking others' perspectives
10	Using the Skills profile part 1: Skills quiz	Is the physical set up of the House of Commons fit for purpose?
11	Using the Skills profile part 2: Skills test	Should parliamentary procedures be modernised?
12	14-16 Reflecting on your psychometric test results	Know your rights: the Equality Act 2010
13	Navigating social influence and pressure	MOCKS
14	Changing relationships: managing your feelings	MOCKS
15	The impact of relationships	Staying safe online: misinformation and extremism
16	How are laws made?	Illegal drugs: risks, consequences, and support
17	Who enforces the law?	Substance addiction: how to seek help
18	What is the difference between criminal and civil law?	Managing our health: services and support
19	How does the youth justice system work?	Understanding pornography
20	What is sentencing?	Understanding consent and intimacy: offline and online
21	How do the 5 British values uphold society?	Sexual health: preventing and treating STIs
22	Challenging prejudice and discrimination	Gambling: risks, consequences, and safety
23	Sexuality and gender identity: coming out	Financial choices: managing finances in the world of work
24	Understanding pregnancy: your choices	Mental health revisited
25	Sexual health: choosing and accessing contraception	Focused revision
26	Work experience	Focused revision
27	Alcohol: risks, consequences, and safety	Focused revision
28	What is a healthy lifestyle?	
29	Health-related choices: blood, organ and stem cell donation	
30	Health-related choices: aesthetic procedures	
31	Managing risk: unsafe and emergency situations	
32	Planning and organising: revising effectively	
33	MOCKS	
34	Staying safe online: protecting your personal data	
35	Recognising strengths in ourselves and others	
36	An introduction to body image	
37	Battling anxiety and other mental health	
38	End of year reflection	

Relationships	Online safety	Citizenship	Diversity and antiracism	Careers	Life skills	Physical health	Sexual gender and health	Mental health and wellbeing
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