

Relationship, Sex and Health Education

Name of school	Greenfield Academy
Staff member(s) responsible	Shaun Jackson, Kayleigh Wood
Date of latest parental consultation	September 2026

Our School Context, meeting the needs of the pupils, parents and the community

Greenfield Academy is a fully comprehensive secondary school located on the outskirts of Darlington in South-West Durham, serving Newton Aycliffe, Shildon and the surrounding communities. Our school ethos is every child, every, opportunity, every day. As a school we live and breathe these through our school values of being kind, ambitious and proud of ourselves and our achievements every day.

The school serves a community facing significant levels of social and economic disadvantage. Currently, 63% of pupils are identified as disadvantaged, compared with 27.3% nationally and 31.64% across County Durham. In addition, 22% of pupils have identified Special Educational Needs and Disabilities (SEND), above the national average of 12.9%, with the most common areas of need relating to Cognition and Learning and Social, Emotional and Mental Health (SEMH).

Levels of deprivation within the school community are particularly high. Based on the Income Deprivation Affecting Children Index (IDACI), 40% of pupils live in the most deprived category nationally, with a further 30% living within the next two most deprived categories. Overall, 74% of pupils live within the four highest deprivation categories. Similarly, 79% of pupils fall within the three highest categories for Health Deprivation and Disability, while 61% fall within the three highest categories for Crime Deprivation.

The local area also experiences significant social challenges. During the previous 12 months, violence and sexual offences accounted for 42% of all reported crime, with anti-social behaviour accounting for a further 19.3%. These factors can have a direct impact on the experiences, wellbeing and aspirations of young people within our community. We pride ourselves in working with our school and local community to ensure our pupils do feel safe and ready for independence when leaving our school.

Our school is dedicated to building positive relationships with parents/carers and pupils as well as the wider school and local community. We see our place as a safe

and inclusive environment where pupils learning is prioritised best to meet the relevant educational, health and social needs of our pupils.

Geography - Greenfield sits on the outskirts, with scenic farmland, a railway running behind the school and a quarry close by students receive tailored assemblies to help educate them in staying safe in their environment.

Greenfield is a small school, allowing staff to really understand each student, supporting them where necessary and developing them into responsible, respectful individuals. Greenfield happily receive students from various primary school across Aycliffe, Shildon, Bishop Auckland and Chilton.

In 2026, we excitedly introduce our new school building, allowing students to access more resources, opening more opportunities and creating a new safe environment for students to learn.

School intent

In response to this context, our Relationships and Sex Education (RSE) curriculum is carefully designed to equip pupils with the knowledge, understanding and skills needed to lead safe, healthy and fulfilling lives. The curriculum provides age-appropriate learning that promotes positive relationships, personal safety, physical and mental wellbeing, respect for diversity, and informed decision-making. It also recognises the importance of working in partnership with parents and carers to support young people in developing the confidence and resilience needed to navigate the challenges of modern life.

Through a planned and progressive programme of study, the RSE curriculum aims to address the specific needs of our pupils and community while preparing all learners for adulthood and active participation in society.

Define your RSHE Programme

At Greenfield Academy, Relationships, Sex and Health Education (RSHE) is delivered as an integral part of the Personal, Social, Health and Economic (PSHE) education curriculum. The programme incorporates the statutory requirements for Relationships Education, Relationships and Sex Education (RSE) and Health Education, and is designed to promote pupils' personal development, wellbeing and preparedness for adult life.

The curriculum provides pupils with the knowledge, understanding and skills needed to make informed decisions, build healthy and respectful relationships, manage risk effectively, and maintain positive physical and mental health. Through a carefully planned and progressive programme, pupils develop the confidence, resilience and

emotional literacy required to navigate the opportunities and challenges of modern life.

Our RSHE curriculum reflects the needs of our pupils, parents and community, ensuring that learning is relevant, inclusive and age-appropriate. It supports pupils to become responsible, respectful and informed citizens who are well prepared for further education, employment and life in modern Britain, enabling them to achieve their full potential and make positive contributions to society.

Organisation, content and delivery of RSHE

At Greenfield Academy, RSHE is delivered through the Personal, Social, Health and Economic (PSHE) education programme. Pupils in Key Stage 4 receive a dedicated one-hour lesson each week, while pupils in Key Stage 3 receive a one-hour lesson on a fortnightly basis.

All pupils access an age-appropriate and inclusive curriculum delivered by trained teaching staff who have received safeguarding training. Lessons are carefully planned to create a safe and supportive learning environment in which pupils can explore sensitive topics, develop understanding and ask questions appropriately. Staff work closely with Heads of Year and the safeguarding team to ensure that any concerns or disclosures arising from lessons are identified and supported effectively.

The wider school curriculum further reinforces key RSHE themes through assemblies, tutor time and pastoral provision. These opportunities allow the school to respond to emerging issues, address identified safeguarding concerns and provide additional support and guidance that reflects the needs of pupils and the wider community.

The information below provides an overview of the Relationships and Sex Education content delivered at Greenfield Academy and the point at which it is taught throughout each key stage. This overview focuses specifically on RSHE and does not include the wider PSHE, Citizenship or Careers education programmes. Parents can access more information via the School website or contacting the PSHE lead, Mrs Wood. [Personal, Social, Health and Economic Education \(PSHE\) - Greenfield Academy](#)

Summary by Term

Autumn Term

- Year 7: Relationships and online safety (Weeks 1–4)
- Year 8: Marriage, healthy/unhealthy relationships and online safety (Weeks 1–4)
- Year 9: Family life, relationships, consent online (Weeks 1–4)
- Year 11: Relationships and marriage/civil partnerships (Weeks 7–8)

Spring Term

- Year 7: FGM, menstruation and puberty (Weeks 13, 15–16)
- Year 8: Sexuality, gender and consent (Weeks 15–16)
- Year 9: Sex and relationships, safer sex (Weeks 16–17)
- Year 10: Relationships and peer influence (Weeks 13–15)

Summer Term

- Year 10: Sexuality, pregnancy and contraception (Weeks 23–25)
- Year 11: Pornography, consent and intimacy, STIs (Weeks 19–21)

Pupils' learning within RSHE is assessed through a range of formative assessment strategies, including class discussion, questioning, reflection activities and the exploration of case studies. These approaches enable teachers to assess pupils' understanding, challenge misconceptions and identify areas where further learning or support may be required.

Assessment information is used to inform future curriculum planning, ensuring that content remains relevant, responsive and appropriate to the needs of pupils. It also supports the ongoing evaluation of the RSHE programme, helping to ensure that the curriculum is effective, meaningful and fit for purpose.